

Résultats : 6 km

(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|---------------------|----------------------|---|-------|----------|--------|-------|
| 1 | 23 | PIETTE Remy | | H | ES 1 | 00:31:38 | 03:49 | 15,67 |
| 2 | 416 | PEFFER Jeremy | | H | SE 1 | 00:32:31 | 03:56 | 15,24 |
| 3 | 83 | DIDELOT Stephane | Ec Pneus | H | SE 2 | 00:33:20 | 04:02 | 14,87 |
| 4 | 184 | PARMENTIER Loic | | H | ES 2 | 00:33:46 | 04:05 | 14,68 |
| 5 | 414 | THOMÉ Fabien | | H | SE 3 | 00:34:02 | 04:07 | 14,56 |
| 6 | 126 | BOLAND Adrien | Moustache Club | H | SE 4 | 00:34:06 | 04:07 | 14,53 |
| 7 | 466 | OUEDRAOGO Zakaria | | H | ES 3 | 00:34:39 | 04:11 | 14,30 |
| 8 | 127 | BRUYERE Steven | | H | SE 5 | 00:34:53 | 04:13 | 14,21 |
| 9 | 404 | MOLENBERG Nicolas | | H | ES 4 | 00:35:00 | 04:14 | 14,16 |
| 10 | 315 | DETILLOUX Simon | | H | ES 5 | 00:35:10 | 04:15 | 14,09 |
| 11 | 403 | FOCANT Tom | ARVM | H | ES 6 | 00:35:39 | 04:18 | 13,90 |
| 12 | 141 | WERGIFOSSE Jordan | Dépannage Choffray | H | ES 7 | 00:35:42 | 04:19 | 13,88 |
| 13 | 249 | DETHIER Noé | Dehez terrassement | H | ES 8 | 00:36:15 | 04:23 | 13,67 |
| 14 | 469 | LEENS Pierrot | | H | V2 1 | 00:36:32 | 04:25 | 13,57 |
| 15 | 380 | URBANY Francois | | H | SE 6 | 00:36:34 | 04:25 | 13,55 |
| 16 | 44 | VAN ISRAEL David | Athlétic Team Manhay | H | V1 1 | 00:36:45 | 04:26 | 13,49 |
| 17 | 465 | SHERZAD Sher Ahmad | | H | SE 7 | 00:37:25 | 04:31 | 13,25 |
| 18 | 123 | USELDING Aubry | Tropico | H | ES 9 | 00:37:53 | 04:35 | 13,08 |
| 19 | 200 | TOUBON Florent | Dépannage Choffray | H | SE 8 | 00:38:07 | 04:36 | 13,00 |
| 20 | 272 | LOUIS Benjamin | Fc Chevron | H | SE 9 | 00:38:14 | 04:37 | 12,96 |
| 21 | 438 | BRONLET Emma | | F | ES 10 | 00:38:22 | 04:38 | 12,92 |
| 22 | 139 | CREPIN Julien | | H | ES 11 | 00:38:29 | 04:39 | 12,88 |
| 23 | 50 | MEUNIER Jean-Pierre | | H | V1 2 | 00:38:56 | 04:42 | 12,73 |
| 24 | 178 | VAN LANCKER Jordana | | F | SE 10 | 00:39:09 | 04:44 | 12,66 |
| 25 | 292 | GERON Tom | | H | ES 12 | 00:39:16 | 04:45 | 12,62 |
| 26 | 224 | REMACLE Colin | Tropico | H | ES 13 | 00:39:35 | 04:47 | 12,52 |
| 27 | 472 | SERVAIS Quentin | | H | SE 11 | 00:39:39 | 04:48 | 12,50 |
| 28 | 419 | FRAITURE Thomas | | H | ES 14 | 00:39:42 | 04:48 | 12,48 |
| 29 | 435 | MEYER Thomas | | H | SE 12 | 00:39:46 | 04:48 | 12,46 |
| 30 | 161 | CAPITAINE Arnaud | Depannage Choffray | H | V1 3 | 00:39:48 | 04:49 | 12,45 |
| 31 | 158 | LEJEUNE Nathan | | H | | 00:40:09 | 04:51 | 12,34 |
| 32 | 407 | DEPIERREUX Emile | | H | V1 4 | 00:40:20 | 04:52 | 12,29 |
| 33 | 359 | DEVAHIVE Quentin | Wrc Lierneux | H | SE 13 | 00:40:22 | 04:53 | 12,28 |
| 34 | 118 | CAELS Noah | | H | ES 15 | 00:40:27 | 04:53 | 12,25 |
| 35 | 8 | GASPARD Steven | Tropico | H | ES 16 | 00:40:35 | 04:54 | 12,21 |
| 36 | 104 | FLAMMANG Alex | | H | ES 17 | 00:40:48 | 04:56 | 12,15 |
| 37 | 86 | DUHR Pascal | | H | V2 2 | 00:40:53 | 04:56 | 12,12 |
| 38 | 461 | SHERZAD Nassim | | H | SE 14 | 00:40:55 | 04:57 | 12,11 |
| 39 | 68 | SCHENK Hugo | Vionysos Iron Team | H | ES 18 | 00:40:58 | 04:57 | 12,10 |
| 40 | 341 | MASSON Maël | | H | ES 19 | 00:41:01 | 04:57 | 12,08 |
| 41 | 7 | WINAND Gary | Athlétic Team Manhay | H | SE 15 | 00:41:07 | 04:58 | 12,05 |
| 42 | 501 | DECKERS Quentin | | H | ES 20 | 00:41:09 | 04:58 | 12,04 |
| 43 | 75 | BEAUPAIN Thibaut | | H | SE 16 | 00:41:19 | 05:00 | 12,00 |
| 44 | 162 | HOURAND Joe | Athlétic Team Manhay | H | ES 21 | 00:41:23 | 05:00 | 11,98 |
| 45 | 278 | TORDEUR Noe | Tropico | H | ES 22 | 00:41:32 | 05:01 | 11,93 |
| 46 | 130 | LUTGEN Yaro | | H | ES 23 | 00:41:34 | 05:01 | 11,92 |
| 47 | 433 | REINKIN Florent | | H | ES 24 | 00:41:45 | 05:03 | 11,87 |
| 48 | 399 | LEONARD Florian | | H | ES 25 | 00:41:47 | 05:03 | 11,86 |
| 49 | 243 | SAMRAY Alex | | H | ES 26 | 00:41:49 | 05:03 | 11,85 |
| 50 | 271 | BASTIN Nicolas | Fc Chevron | H | SE 17 | 00:41:51 | 05:03 | 11,84 |

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(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|----------------------|----------------------|---|-------|----------|--------|-------|
| 51 | 226 | HENNUY Thomas | | H | ES 27 | 00:41:54 | 05:04 | 11,83 |
| 52 | 210 | BASTIEN Clara | L`OberGINE | F | ES 28 | 00:41:57 | 05:04 | 11,81 |
| 53 | 457 | HUGO Arthur | | H | ES 29 | 00:42:07 | 05:05 | 11,77 |
| 54 | 429 | GREGOIRE Cyril | DEPANNAGE CHOFFRA | H | ES 30 | 00:42:18 | 05:07 | 11,72 |
| 55 | 409 | BOCK Robin | | H | ES 31 | 00:42:25 | 05:08 | 11,68 |
| 56 | 463 | REZA Amindokht | | H | SE 18 | 00:42:40 | 05:09 | 11,62 |
| 57 | 422 | TERWAGNE Lucas | ARVM | H | ES 32 | 00:42:45 | 05:10 | 11,59 |
| 58 | 88 | LEGRAND Robin | | H | ES 33 | 00:42:47 | 05:10 | 11,58 |
| 59 | 493 | LEYENS Robin | | H | ES 34 | 00:42:49 | 05:11 | 11,57 |
| 60 | 496 | FRAITURE Nicolas | | H | ES 35 | 00:42:52 | 05:11 | 11,56 |
| 61 | 495 | QUETIN Martin | | H | ES 36 | 00:42:54 | 05:11 | 11,55 |
| 62 | 372 | JACQUEMART Corentin | | H | ES 37 | 00:42:59 | 05:12 | 11,53 |
| 63 | 114 | KUNE Florian | Moustache Club | H | SE 19 | 00:43:01 | 05:12 | 11,52 |
| 64 | 296 | PONIMI Thibault | Athlétic Team Manhay | H | SE 20 | 00:43:19 | 05:14 | 11,44 |
| 65 | 481 | SLANGEN Christophe | | H | ES 38 | 00:43:22 | 05:15 | 11,43 |
| 66 | 168 | REINDERS Thierry | Wrc Lierneux | H | V1 5 | 00:43:38 | 05:16 | 11,36 |
| 67 | 32 | CLOES Damien | | H | SE 21 | 00:43:41 | 05:17 | 11,35 |
| 68 | 411 | HUSQUINET Laurent | | H | SE 22 | 00:43:44 | 05:17 | 11,33 |
| 69 | 113 | LENTZ Simon | Moustache Club | H | ES 39 | 00:43:49 | 05:18 | 11,31 |
| 70 | 209 | STEFANO Pascal | | H | V1 6 | 00:43:54 | 05:18 | 11,29 |
| 71 | 173 | LUTGENS Robin | Arvm | H | ES 40 | 00:43:57 | 05:19 | 11,28 |
| 72 | 110 | CHALTIN Patrice | Vissoulee | H | V3 1 | 00:43:59 | 05:19 | 11,27 |
| 73 | 266 | GREGOIRE Odile | Dépannage Choffay | F | ES 41 | 00:44:02 | 05:19 | 11,26 |
| 74 | 4 | BANDIN Theo | | H | ES 42 | 00:44:05 | 05:20 | 11,24 |
| 75 | 477 | COUNET Yanniv | | H | ES 43 | 00:44:07 | 05:20 | 11,23 |
| 76 | 489 | DEBOSSINES Arthur | | H | ES 44 | 00:44:10 | 05:20 | 11,22 |
| 77 | 89 | COLIN Remi | | H | ES 45 | 00:44:18 | 05:21 | 11,19 |
| 78 | 418 | COUNSON Cindy | Dépannage Choffray | F | V1 7 | 00:44:20 | 05:22 | 11,18 |
| 79 | 55 | TAZIAUX Charline | Les Titans | F | V1 8 | 00:44:22 | 05:22 | 11,17 |
| 80 | 412 | BOULANGER Jonathan | | H | SE 23 | 00:44:24 | 05:22 | 11,16 |
| 81 | 264 | GREGOIRE Robert | Choffray Dépannage | H | V2 3 | 00:44:26 | 05:22 | 11,15 |
| 82 | 467 | LENOU Kouakam Leonel | | H | SE 24 | 00:44:29 | 05:23 | 11,14 |
| 83 | 177 | MATHIEU Tom | | H | ES 46 | 00:44:42 | 05:24 | 11,09 |
| 84 | 494 | FRAITURE Thibaut | | H | ES 47 | 00:44:51 | 05:25 | 11,05 |
| 85 | 17 | VERBEGGEN Dylan | | H | ES 48 | 00:44:56 | 05:26 | 11,03 |
| 86 | 229 | DEHEZ Nathan | Dehez Terrassement | H | ES 49 | 00:44:59 | 05:26 | 11,02 |
| 87 | 251 | GUEBELLE Florian | Choffray Depannage | H | SE 25 | 00:45:06 | 05:27 | 10,99 |
| 88 | 238 | THOMAS Clement | | H | ES 50 | 00:45:09 | 05:27 | 10,98 |
| 89 | 483 | REMACLE Frederic | | H | V1 9 | 00:45:11 | 05:28 | 10,97 |
| 90 | 456 | KAISER Francois | TROPICO | H | ES 51 | 00:45:13 | 05:28 | 10,96 |
| 91 | 473 | MATHIEU Christophe | | H | SE 26 | 00:45:15 | 05:28 | 10,95 |
| 92 | 379 | LIMBOURG Loic | | H | SE 27 | 00:45:38 | 05:31 | 10,86 |
| 93 | 498 | PEFFER Tibault | | H | SE 28 | 00:45:40 | 05:31 | 10,85 |
| 94 | 355 | PASQUASY Lionel | L`OberGINE | H | V1 10 | 00:45:45 | 05:32 | 10,83 |
| 95 | 84 | BRISMEE Yohannes | | H | SE 29 | 00:45:58 | 05:33 | 10,78 |
| 96 | 222 | PAQUAY Marc | Wrc Lierneux | H | V2 4 | 00:46:00 | 05:34 | 10,77 |
| 97 | 375 | BOURGUIGNON Timmy | | F | ES 52 | 00:46:02 | 05:34 | 10,77 |
| 98 | 27 | DEMARET Alexis | Dépannage Choffray | H | ES 53 | 00:46:08 | 05:35 | 10,74 |
| 99 | 353 | HENNUY Maxence | | H | ES 54 | 00:46:14 | 05:35 | 10,72 |
| 100 | 448 | GASPAR Hugo | | H | | 00:46:20 | 05:36 | 10,70 |

Résultats : 6 km

(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|------------------------|-----------------------|---|-------|----------|--------|-------|
| 101 | 458 | WERGIFOSSE Alois | | H | | 00:46:25 | 05:37 | 10,68 |
| 102 | 446 | KEHL Mathys | | H | ES 55 | 00:46:27 | 05:37 | 10,67 |
| 103 | 447 | KEHL Geoffray | | H | V1 11 | 00:46:30 | 05:37 | 10,66 |
| 104 | 462 | SHERZAD Fayaz | | H | ES 56 | 00:46:32 | 05:38 | 10,65 |
| 105 | 119 | NIZET Hugo | | H | | 00:46:34 | 05:38 | 10,64 |
| 106 | 471 | GERMAIN Anne-catherine | | F | SE 30 | 00:46:36 | 05:38 | 10,64 |
| 107 | 478 | PLUMER Jonathan | | H | SE 31 | 00:46:38 | 05:38 | 10,63 |
| 108 | 49 | MEUNIER Axel | | H | | 00:46:42 | 05:39 | 10,61 |
| 109 | 71 | MONFORT Quentin | Athletic Team Manhay | H | SE 32 | 00:46:44 | 05:39 | 10,60 |
| 110 | 186 | DUVUVIER Roméo | | H | | 00:47:04 | 05:41 | 10,53 |
| 111 | 187 | LEJEUNE Aline | | F | SE 33 | 00:47:07 | 05:42 | 10,52 |
| 112 | 373 | CAUTUIER Mathias | | H | ES 57 | 00:47:11 | 05:42 | 10,50 |
| 113 | 90 | MAQUET Pauline | | F | ES 58 | 00:47:12 | 05:42 | 10,50 |
| 114 | 157 | LEJEUNE Theo | | H | | 00:47:15 | 05:43 | 10,49 |
| 115 | 156 | LEJEUNE Clara | | F | | 00:47:16 | 05:43 | 10,49 |
| 116 | 160 | CAPITAINE Elliott | Depannage Choffray | H | ES 59 | 00:47:20 | 05:43 | 10,47 |
| 117 | 420 | DASSY Ludovic | | H | SE 34 | 00:47:24 | 05:44 | 10,46 |
| 118 | 396 | REMY Maxime | | H | ES 60 | 00:47:38 | 05:46 | 10,40 |
| 119 | 408 | DELAVAL Tristan | | H | ES 61 | 00:47:39 | 05:46 | 10,40 |
| 120 | 232 | COLLIN Anaël | | F | ES 62 | 00:47:41 | 05:46 | 10,39 |
| 121 | 499 | VANCOILLE Michael | | H | SE 35 | 00:48:00 | 05:48 | 10,32 |
| 122 | 63 | TREINEN Maxence | | H | SE 36 | 00:48:12 | 05:50 | 10,28 |
| 123 | 117 | GREGOIRE Eddy | Depannage Choffray | H | V1 12 | 00:48:17 | 05:50 | 10,26 |
| 124 | 346 | TRIFFAUX Anthony | Wrc Lierneux | H | ES 63 | 00:48:21 | 05:51 | 10,25 |
| 125 | 239 | GASPARD Vincent | Tropico | H | ES 64 | 00:48:31 | 05:52 | 10,22 |
| 126 | 430 | MATTHIEU Djilian | DEPANNAGE CHOFFRA | H | ES 65 | 00:48:33 | 05:52 | 10,21 |
| 127 | 235 | BARBETTE Oceane | Athlétic Team Manhay | F | ES 66 | 00:48:41 | 05:53 | 10,18 |
| 128 | 247 | LAMBERTY Nadia | | F | SE 37 | 00:48:52 | 05:54 | 10,14 |
| 129 | 500 | HUON Valentin | | H | ES 67 | 00:48:54 | 05:55 | 10,13 |
| 130 | 464 | ARTUR Gaboian | | H | SE 38 | 00:48:58 | 05:55 | 10,12 |
| 131 | 191 | DANTHINE Juliane | | F | SE 39 | 00:49:19 | 05:58 | 10,05 |
| 132 | 192 | ROUFOSSE Quentin | | H | SE 40 | 00:49:20 | 05:58 | 10,05 |
| 133 | 121 | SCHMITZ Jean-Marc | | H | V1 13 | 00:49:22 | 05:58 | 10,04 |
| 134 | 423 | BRÉDO Emilien | | H | ES 68 | 00:49:30 | 05:59 | 10,01 |
| 135 | 69 | LUXEN Lise | Athletic Team Manhay | F | ES 69 | 00:49:33 | 05:59 | 10,00 |
| 136 | 237 | PUTZ Jonas | | H | ES 70 | 00:49:36 | 06:00 | 9,99 |
| 137 | 440 | RENARD Camille | | F | SE 41 | 00:49:40 | 06:00 | 9,98 |
| 138 | 432 | CURNEL Nolan | | H | ES 71 | 00:49:46 | 06:01 | 9,96 |
| 139 | 82 | GASPAR Isabelle | Wrc Lierneux | F | V1 14 | 00:49:51 | 06:02 | 9,94 |
| 140 | 95 | GASPAR Nicolas | Schwamm A Spass Elwen | H | ES 72 | 00:49:55 | 06:02 | 9,93 |
| 141 | 348 | BEAUPAIN Margaux | | F | SE 42 | 00:50:05 | 06:03 | 9,90 |
| 142 | 453 | DEROANNE Audeline | | F | ES 73 | 00:50:10 | 06:04 | 9,88 |
| 143 | 208 | LOFFET Jonathan | Dépannage Choffray | H | SE 43 | 00:50:12 | 06:04 | 9,87 |
| 144 | 217 | LEJEUNE Aurore | Depannage Choffray | F | SE 44 | 00:50:14 | 06:04 | 9,87 |
| 145 | 85 | DUHR Juliane | Choffray | F | ES 74 | 00:50:20 | 06:05 | 9,85 |
| 146 | 216 | ANTOINE Rose | | F | ES 75 | 00:50:23 | 06:05 | 9,84 |
| 147 | 14 | COMBLAIN Eric | Ec-Pneus | H | V1 15 | 00:50:49 | 06:09 | 9,75 |
| 148 | 147 | GRAFF Neven | Tropico | H | ES 76 | 00:50:51 | 06:09 | 9,75 |
| 149 | 76 | SEVRIN Elsa | Athletic Team Manhay | F | ES 77 | 00:51:04 | 06:10 | 9,70 |
| 150 | 211 | BIHAIN Martine | L`OberGINE | F | V1 16 | 00:51:10 | 06:11 | 9,69 |

Résultats : 6 km

(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|--------------------------|-----------------------|---|--------|----------|--------|------|
| 151 | 234 | BODSON Anaïs | | F | ES 78 | 00:51:13 | 06:12 | 9,68 |
| 152 | 382 | BODSON Mélanie | Moustache Club | F | ES 79 | 00:51:15 | 06:12 | 9,67 |
| 153 | 370 | COLYN Tim | | H | | 00:51:17 | 06:12 | 9,66 |
| 154 | 349 | BURTON Lise | Wrc Lierneux | F | ES 80 | 00:51:21 | 06:13 | 9,65 |
| 155 | 149 | SERVAIS Joelle | | F | SE 45 | 00:51:24 | 06:13 | 9,64 |
| 156 | 101 | WILLEMET Justin | | H | ES 81 | 00:51:43 | 06:15 | 9,58 |
| 157 | 434 | MEYER Coralie | Triathlon Ardenne | F | SE 46 | 00:51:55 | 06:17 | 9,55 |
| 158 | 30 | CONSTANT Samuel | | H | SE 47 | 00:51:56 | 06:17 | 9,54 |
| 159 | 53 | LAMBERT Delphine | Les Titans | F | SE 48 | 00:51:58 | 06:17 | 9,54 |
| 160 | 347 | PARMENTIER Tom | Wrc Lierneux | H | SE 49 | 00:52:04 | 06:18 | 9,52 |
| 161 | 215 | ANTOINE Brieux | | H | | 00:52:06 | 06:18 | 9,51 |
| 162 | 497 | MUTSCH Juliane | ARVM | F | ES 82 | 00:52:09 | 06:18 | 9,50 |
| 163 | 327 | JACQUEMIN Cedric | | H | SE 50 | 00:52:15 | 06:19 | 9,49 |
| 164 | 189 | GASPAR Sarah | | F | SE 51 | 00:52:28 | 06:21 | 9,45 |
| 165 | 248 | PUTZ Kim | Dépannage Choffray | F | ES 83 | 00:52:33 | 06:21 | 9,43 |
| 166 | 92 | BRUYERE Guillaume | Tropico | H | ES 84 | 00:52:34 | 06:21 | 9,43 |
| 167 | 269 | HENNUY Elodie | | F | ES 85 | 00:52:37 | 06:22 | 9,42 |
| 168 | 34 | WESTHOF Lynn | Tropico | F | | 00:52:41 | 06:22 | 9,41 |
| 169 | 45 | DEMOULIN Marie-Christine | Wrc Lierneux | F | V3 2 | 00:52:43 | 06:22 | 9,40 |
| 170 | 142 | LESENFANTS Noah | | H | ES 86 | 00:52:46 | 06:23 | 9,39 |
| 171 | 33 | WESTHOF Shannan | | F | ES 87 | 00:52:49 | 06:23 | 9,38 |
| 172 | 70 | LUXEN Elena | Athletic Team Manhay | F | ES 88 | 00:52:50 | 06:23 | 9,38 |
| 173 | 253 | MASSON Gary | Dépannage Choffray | H | SE 52 | 00:52:58 | 06:24 | 9,36 |
| 174 | 345 | DEROANNE Gilles | Wrc Lierneux | H | SE 53 | 00:53:04 | 06:25 | 9,34 |
| 175 | 42 | MICHEL Mathis | Salm Trail Team | H | ES 89 | 00:53:07 | 06:25 | 9,33 |
| 176 | 454 | TOUBON Pauline | DEPANNAGE CHOFFRA | F | ES 90 | 00:53:12 | 06:26 | 9,32 |
| 177 | 482 | DOHOGNE Julie | | F | SE 54 | 00:53:18 | 06:27 | 9,30 |
| 178 | 183 | DEROANNE Anthony | Arvm | H | ES 91 | 00:53:24 | 06:27 | 9,28 |
| 179 | 428 | HUBERT Paul | | H | V2 5 | 00:53:27 | 06:28 | 9,27 |
| 180 | 79 | LEJEUNE Theo | | H | ES 92 | 00:53:29 | 06:28 | 9,27 |
| 181 | 181 | ZUNE Léa | | F | ES 93 | 00:53:30 | 06:28 | 9,26 |
| 182 | 93 | RIXHON Sylvie | Dépannage Choffray | F | SE 55 | 00:53:31 | 06:28 | 9,26 |
| 183 | 402 | BRUYERE Anïs | ARVM | F | ES 94 | 00:53:35 | 06:29 | 9,25 |
| 184 | 166 | SIMON Lucie | Depannage Choffray | F | ES 95 | 00:53:37 | 06:29 | 9,24 |
| 185 | 115 | BRUYERE Baptiste | Tropico | H | ES 96 | 00:53:39 | 06:29 | 9,24 |
| 186 | 503 | BACCUS Jonas | Tropico | H | ES 97 | 00:53:42 | 06:30 | 9,23 |
| 187 | 219 | CHOFFRAY Isabelle | Depannage Choffray | F | V1 17 | 00:53:56 | 06:31 | 9,19 |
| 188 | 260 | BINOT Alex | | H | SE 56 | 00:54:04 | 06:32 | 9,17 |
| 189 | 397 | LAURENT Justine | | F | SE 57 | 00:54:12 | 06:33 | 9,14 |
| 190 | 398 | LAPRASSE Vincent | | H | SE 58 | 00:54:14 | 06:33 | 9,14 |
| 191 | 445 | BLAISE Anne | JLB ACADEMY | F | V1 18 | 00:54:19 | 06:34 | 9,12 |
| 192 | 80 | BERTIMES Florine | Wrc Lierneux | F | SE 59 | 00:54:21 | 06:34 | 9,12 |
| 193 | 81 | BIETHERES Justine | Wrc Lierneux | F | SE 60 | 00:54:25 | 06:35 | 9,11 |
| 194 | 96 | GASPAR Noah | Schwamm A Spass Elwen | H | ES 98 | 00:54:27 | 06:35 | 9,10 |
| 195 | 485 | DENIS Ana | | F | ES 99 | 00:54:30 | 06:35 | 9,09 |
| 196 | 486 | DEBOSSINES Zoé | | F | ES 100 | 00:54:31 | 06:36 | 9,09 |
| 197 | 332 | VIROUX Axelle | | F | ES 101 | 00:54:38 | 06:36 | 9,07 |
| 198 | 60 | LANGER Benedicte | | F | SE 61 | 00:54:57 | 06:39 | 9,02 |
| 199 | 413 | PETIT Célia | Athlétic Team Manhay | F | ES 102 | 00:54:59 | 06:39 | 9,01 |
| 200 | 487 | DEBOSSINES Léa | | F | | 00:55:08 | 06:40 | 8,99 |

Résultats : 6 km

(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|-----------------------|----------------------|---|--------|----------|--------|------|
| 201 | 488 | DEBOSSINE Jean-claude | | H | V1 19 | 00:55:11 | 06:40 | 8,98 |
| 202 | 441 | GRETRY Sandra | | F | V1 20 | 00:55:29 | 06:43 | 8,93 |
| 203 | 442 | JADOT Aurélie | | F | SE 62 | 00:55:31 | 06:43 | 8,93 |
| 204 | 77 | NOUPRE Manon | Les Titans | F | SE 63 | 00:55:33 | 06:43 | 8,92 |
| 205 | 306 | ADRIEN Isabelle | | F | V1 21 | 00:55:35 | 06:43 | 8,92 |
| 206 | 56 | COUGNET Mélissa | | F | SE 64 | 00:55:38 | 06:44 | 8,91 |
| 207 | 374 | LAMPERTZ Sarah | Dépannage Choffray | F | SE 65 | 00:55:44 | 06:44 | 8,89 |
| 208 | 431 | PONDANT Romain | AT MANHAY | H | SE 66 | 00:55:47 | 06:45 | 8,88 |
| 209 | 406 | BASTIN Jules | | H | | 00:56:06 | 06:47 | 8,83 |
| 210 | 405 | BASTIN Pierre-Yves | | H | V1 22 | 00:56:08 | 06:47 | 8,83 |
| 211 | 129 | THIRY Emilie | Team Athletic Manhay | F | SE 67 | 00:56:11 | 06:48 | 8,82 |
| 212 | 11 | COUNET Evelyne | 1976 | F | | 00:56:17 | 06:48 | 8,81 |
| 213 | 268 | HENNUY Céline | | F | ES 103 | 00:56:43 | 06:51 | 8,74 |
| 214 | 99 | REUTER Jean-Pierre | | H | V1 23 | 00:56:48 | 06:52 | 8,73 |
| 215 | 452 | WIECLAWSKI Stephanie | | F | ES 104 | 00:56:53 | 06:53 | 8,71 |
| 216 | 145 | GATHELIER Clara | | F | ES 105 | 00:56:56 | 06:53 | 8,70 |
| 217 | 163 | GRANDJEAN Christelle | Depannage Choffray | F | V2 6 | 00:57:02 | 06:54 | 8,69 |
| 218 | 383 | HUBERT Marie | | F | SE 68 | 00:57:26 | 06:57 | 8,63 |
| 219 | 207 | LOFFET Quentin | | H | ES 106 | 00:57:32 | 06:57 | 8,61 |
| 220 | 449 | GRANDJEAN Charlotte | | F | ES 107 | 00:57:34 | 06:58 | 8,61 |
| 221 | 24 | DEMARET Clara | Dépannage Choffray | F | | 00:57:52 | 07:00 | 8,56 |
| 222 | 254 | KEUP Estelle | Depannage Choffray | F | ES 108 | 00:57:59 | 07:01 | 8,55 |
| 223 | 26 | HEINEN Stephanie | Dépannage Choffray | F | V1 24 | 00:58:26 | 07:04 | 8,48 |
| 224 | 35 | LELOUP Celiane | | F | ES 109 | 00:58:28 | 07:04 | 8,48 |
| 225 | 199 | CHARLIER Raymond | Wrc Lierneux | H | V1 25 | 00:58:33 | 07:05 | 8,46 |
| 226 | 484 | GASPAR Margot | ATHLETIC TEAM MANHA | F | ES 110 | 00:58:42 | 07:06 | 8,44 |
| 227 | 468 | LEENS Sarah | | F | ES 111 | 00:58:45 | 07:06 | 8,44 |
| 228 | 52 | PONDANT Méline | | F | ES 112 | 00:58:51 | 07:07 | 8,42 |
| 229 | 394 | RENSONNET Noelle | | F | ES 113 | 00:58:53 | 07:07 | 8,42 |
| 230 | 39 | HUART Nora | | F | | 00:58:56 | 07:08 | 8,41 |
| 231 | 470 | GIGOT Valérie | | F | V1 26 | 00:58:57 | 07:08 | 8,41 |
| 232 | 36 | BEKA Marie | | F | ES 114 | 00:58:58 | 07:08 | 8,40 |
| 233 | 165 | CHOFFRAY Laura | Depannage Choffray | F | SE 69 | 00:59:00 | 07:08 | 8,40 |
| 234 | 213 | FUDVOYE Justine | Dehez terrassement | F | V1 27 | 00:59:02 | 07:08 | 8,40 |
| 235 | 343 | DOMANGE Louise | Wrc Lierneux | F | ES 115 | 00:59:12 | 07:10 | 8,37 |
| 236 | 236 | ROUKINE Gwennaelle | Wrc Lierneux | F | | 00:59:36 | 07:12 | 8,32 |
| 237 | 378 | EVRAUD Olivier | | H | SE 70 | 00:59:48 | 07:14 | 8,29 |
| 238 | 67 | GEORIS Myriam | | F | V3 3 | 01:00:03 | 07:16 | 8,25 |
| 239 | 169 | MARQUET Thomas | | H | | 01:00:05 | 07:16 | 8,25 |
| 240 | 439 | THOMAS Madeline | | F | SE 71 | 01:00:08 | 07:16 | 8,24 |
| 241 | 314 | LAMBERTY Marie | | F | ES 116 | 01:00:10 | 07:17 | 8,24 |
| 242 | 116 | CHERAIN Sandrine | Depannage Choffray | F | SE 72 | 01:00:12 | 07:17 | 8,23 |
| 243 | 340 | LIES Renaud | | H | SE 73 | 01:00:44 | 07:21 | 8,16 |
| 244 | 1 | NICOLAS Maureen | | F | ES 117 | 01:01:08 | 07:24 | 8,11 |
| 245 | 41 | RENARD Beatrice | | F | V1 28 | 01:01:09 | 07:24 | 8,10 |
| 246 | 20 | HUBERMONT Manon | | F | | 01:01:31 | 07:26 | 8,06 |
| 247 | 100 | WILLEMET Dimitri | | H | V1 29 | 01:01:32 | 07:26 | 8,05 |
| 248 | 427 | LESENFANTS Josiane | | F | V2 7 | 01:01:36 | 07:27 | 8,05 |
| 249 | 106 | NOIRHOMME Manon | Athlétic Team Manhay | F | ES 118 | 01:01:47 | 07:28 | 8,02 |
| 250 | 444 | BARROSO Victor | SCHWAMM A SPASS EL | H | ES 119 | 01:01:49 | 07:29 | 8,02 |

Résultats : 6 km

(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|--------------------------|-----------------------|---|--------|----------|--------|------|
| 251 | 109 | BOES Hugo | Wrc | H | ES 120 | 01:01:52 | 07:29 | 8,01 |
| 252 | 377 | CALENS Eléna | Wrc Lierneux | F | ES 121 | 01:01:56 | 07:29 | 8,00 |
| 253 | 443 | KOHNENMEREN Flavia | | F | ES 122 | 01:02:03 | 07:30 | 7,99 |
| 254 | 233 | BODSON Alice | | F | ES 123 | 01:02:10 | 07:31 | 7,97 |
| 255 | 176 | LANSIVAL Nathan | Arvm | H | ES 124 | 01:02:16 | 07:32 | 7,96 |
| 256 | 25 | MARECHAL Aline | | F | V1 30 | 01:02:18 | 07:32 | 7,96 |
| 257 | 190 | SEPULT Elodie | | F | SE 74 | 01:02:19 | 07:32 | 7,95 |
| 258 | 366 | SKA Vicky | Arvm | F | SE 75 | 01:02:27 | 07:33 | 7,94 |
| 259 | 135 | DEFOY Elise | Princesse | F | ES 125 | 01:02:59 | 07:37 | 7,87 |
| 260 | 322 | WAUTERS Angelique | | F | V1 31 | 01:03:24 | 07:40 | 7,82 |
| 261 | 19 | HUBERMONT Romain | | H | ES 126 | 01:03:30 | 07:41 | 7,80 |
| 262 | 21 | HUBERMONT Fabien | | H | V1 32 | 01:03:31 | 07:41 | 7,80 |
| 263 | 218 | LEJEUNE Gaëlle | Depannage Choffray | F | SE 76 | 01:03:38 | 07:42 | 7,79 |
| 264 | 164 | GASPARD Charlotte | Depannage Choffray | F | SE 77 | 01:03:41 | 07:42 | 7,78 |
| 265 | 267 | GREGOIRE Lydie | Dépannage Choffray | F | SE 78 | 01:03:44 | 07:42 | 7,78 |
| 266 | 363 | DEWALQUE Ludivine | Arum | F | ES 127 | 01:03:51 | 07:43 | 7,76 |
| 267 | 357 | GERARDY Elodie | | F | ES 128 | 01:03:53 | 07:44 | 7,76 |
| 268 | 492 | HAY Pauline | | F | ES 129 | 01:03:57 | 07:44 | 7,75 |
| 269 | 167 | REMY Isabelle | Lierneux | F | | 01:04:23 | 07:47 | 7,70 |
| 270 | 231 | LALLOYER Emilie | | F | ES 130 | 01:04:36 | 07:49 | 7,67 |
| 271 | 356 | BEAUVOIS Alice | | F | ES 131 | 01:04:39 | 07:49 | 7,67 |
| 272 | 230 | GREGOIRE Thelma | | F | ES 132 | 01:05:04 | 07:52 | 7,62 |
| 273 | 460 | GAVROY Manon | | F | ES 133 | 01:05:13 | 07:53 | 7,60 |
| 274 | 437 | LEBECQUE Romane | | F | ES 134 | 01:05:19 | 07:54 | 7,59 |
| 275 | 48 | MEUNIER Zoe | | F | ES 135 | 01:05:20 | 07:54 | 7,59 |
| 276 | 425 | CHARLIER Shannon | | F | ES 136 | 01:05:22 | 07:54 | 7,58 |
| 277 | 475 | CARLENS Jade | WRC Lierneux | H | | 01:05:24 | 07:55 | 7,58 |
| 278 | 436 | HENQUINET Laurine | | F | ES 137 | 01:05:26 | 07:55 | 7,57 |
| 279 | 198 | BOES Barbara | Wrc Lierneux | F | V1 33 | 01:05:27 | 07:55 | 7,57 |
| 280 | 108 | GERARDY Anne Cecile | Wrc | F | V1 34 | 01:05:30 | 07:55 | 7,57 |
| 281 | 134 | LUGENTZ Emma | Princesse | H | ES 138 | 01:06:00 | 07:59 | 7,51 |
| 282 | 288 | VERCAMMEN Myrthe | | F | | 01:06:03 | 07:59 | 7,50 |
| 283 | 97 | GASPAR - WINTGENS Sylvie | Schwamm A Spass Elwen | F | SE 79 | 01:06:17 | 08:01 | 7,48 |
| 284 | 289 | BREMS Diane | | F | V1 35 | 01:06:25 | 08:02 | 7,46 |
| 285 | 283 | BRUYERE Eva | | F | ES 139 | 01:07:36 | 08:11 | 7,33 |
| 286 | 459 | LANSIVAL Léo | | H | | 01:07:41 | 08:11 | 7,32 |
| 287 | 172 | MIDRE Theo | | H | ES 140 | 01:07:43 | 08:11 | 7,32 |
| 288 | 105 | NOIRHOMME Simon | Athlétic Team Manhay | H | ES 141 | 01:07:55 | 08:13 | 7,30 |
| 289 | 265 | GREGOIRE Emile | Choffray Dépannage | H | ES 142 | 01:08:01 | 08:14 | 7,29 |
| 290 | 450 | GASPAR Alex | | H | ES 143 | 01:08:07 | 08:14 | 7,28 |
| 291 | 455 | ANTOINE Lucy | DEPANNAGE CHOFFRA | F | SE 80 | 01:08:14 | 08:15 | 7,26 |
| 292 | 352 | LAURANT Perrine | At Manhay | F | SE 81 | 01:08:18 | 08:16 | 7,26 |
| 293 | 415 | MOTTET Lola | | F | ES 144 | 01:09:11 | 08:22 | 7,16 |
| 294 | 270 | REMY Manon | | F | ES 145 | 01:10:42 | 08:33 | 7,01 |
| 295 | 287 | VERCAMMEN Gunther | | H | V1 36 | 01:10:58 | 08:35 | 6,98 |
| 296 | 333 | KRANTZ Lisa | | F | ES 146 | 01:11:02 | 08:35 | 6,98 |
| 297 | 424 | CHARLIER Laurent | | H | V1 37 | 01:11:36 | 08:40 | 6,92 |
| 298 | 426 | CHARLIER Heidi | | F | | 01:11:38 | 08:40 | 6,92 |
| 299 | 417 | HALIN Charlotte | | F | ES 147 | 01:12:47 | 08:48 | 6,81 |
| 300 | 421 | BURTON Lorie | ARUM | F | ES 148 | 01:12:52 | 08:49 | 6,80 |

Résultats : 6 km

(8,260 Km)

| Pos | Dossard | Nom, prénom | Ville ou Club | G | Cat. | Chrono | Tps/km | Km/h |
|-----|---------|---------------------|---------------|---|--------|----------|--------|------|
| 301 | 451 | DUMANGE Amélie | | F | ES 149 | 01:13:12 | 08:51 | 6,77 |
| 302 | 312 | REMACLE Aurelie | Wrc Lierneux | F | ES 150 | 01:13:14 | 08:51 | 6,77 |
| 303 | 476 | CORNET Marisa | | F | ES 151 | 01:13:17 | 08:52 | 6,76 |
| 304 | 491 | GROMMERCH Jodie | | F | ES 152 | 01:25:17 | 10:19 | 5,81 |
| 305 | 490 | YDALEVITCH Capucine | | F | ES 153 | 01:25:22 | 10:20 | 5,81 |
| 306 | 1151 | *DOSSARD 1151 | | H | | 01:25:35 | 10:21 | 5,79 |